

TIPS IN PAIN MANAGEMENT



Wound Management

- High Vitamin C and Protein intake¹
- Preventive measures for patients with diabetes¹



Osteo-Arthritis

- Personalized physical exercise as per patient preference and abilities³
- Weight Loss³



Toothache

- Salt water rinsing for toothache²
- Ice therapy²



Low Back Pain

- Education on “return to work” guideline⁴
- Exercise as per pain location
- Heat therapy⁴
- Massage therapy⁴

SHOULD WE ADD MORE DETAILS?
PLEASE SHARE YOUR SUGGESTIONS.

WELLNESS INITIATIVE BY:

**PainWell-XT**

Acetofenac 100 mg + Paracetamol 325 mg + Serrapeptase 15 mg

TRIPLE POWER PAIN RELIEF



In Acute painful conditions in adults*

PainWell-XT

Aceclofenac 100 mg + Paracetamol 325 mg + Serrapeptase 15 mg



TRIPLE POWER PAIN RELIEF



First line Treatment of inflammatory and painful processes^{5,6,7}

- Wound Management⁵
- Low back pain (LBP)
- Osteoarthritis (OA)
- Toothache (Odontalgia) & Root canal⁵



- **Serrapeptase used along with NSAIDs to achieve combined effect⁵**
- **Best-in-class safety^{5,6,7}**



Good Manufacturing Practices as per World Health Organisation Standards | *CDSCO. (n.d.). <https://cdsconline.gov.in/CDSCO/Drugs> accessed on 27th Jan 2024.

1. Nutrition tips to promote wound healing. (n.d.). <https://www.eatright.org/health/health-conditions/diabetes/nutrition-tips-to-promote-wound-healing>. | 2. Professional, C. C. M. (n.d.). Toothache. Cleveland Clinic. <https://my.clevelandclinic.org/health/diseases/10957-toothache>. | 3. Alessandra Bortoluzzi, Federica Furini, Carlo A. Scirè, Osteoarthritis and its management - Epidemiology, nutritional aspects and environmental factors, Autoimmunity Reviews, Volume 17, Issue 11, 2018, Pages 1097-1104, ISSN 1568-9972, <https://doi.org/10.1016/j.autrev.2018.06.002>. | 4. Kinkade, S. (2007, April 15). Evaluation and treatment of acute low back pain. AAFP. <https://www.aafp.org/pubs/afp/issues/2007/0415/p1181.html>. | 5. Jadhav, S. B., Shah, N., Rath, A., Rath, V., & Rath, A. (2020). Serratiopeptidase: Insights into the therapeutic applications. Biotechnology Reports, 28, e00544. <https://doi.org/10.1016/j.btre.2020.e00544>. | 6. Iolascon, G., Giménez, S., & Mogyorósi, D. (2021). A review of Aceclofenac: Analgesic and Anti-Inflammatory Effects on Musculoskeletal Disorders. Journal of Pain Research, Volume 14, 3651-3663. <https://doi.org/10.2147/jpr.s326101>. | 7. Ayoub, S. S. (2021). Paracetamol (acetaminophen): A familiar drug with an unexplained mechanism of action. Temperature, 8(4), 351-371. <https://doi.org/10.1080/23328940.2021.1886392>. | 8. Pareek, Anil & Chandurkar, Nitin & Sharma, V & Desai, Mohan & Kini, Seema & Bartakke, Girish. (2009). A randomized, multicentric, comparative evaluation of aceclofenac-paracetamol combination with aceclofenac alone in Indian patients with osteoarthritis flare-up. Expert opinion on pharmacotherapy. 10. 727-35. 10.1517/14656560902781931.

